

SCRIPT:

Hi, I'm Megan and I'll be walking you through this session today. I'm conducting interviews to better understand how people approach finding advice and information relating to neurodiversity. This interview should take approximately 15-20 minutes. Would it be okay to record your responses, for my own reference? Your identity will be protected, and any responses will be anonymous if quoted in my research. Thank you.

First, I'd like to collect some background information. Can you please tell me...

Biographical Information :

Name:

Age:

Connection to neurodiversity:

Education level:

Current life situation:

Comfort with technology:

Thank you for that. Let's get right into the survey questions now.

1. Let's begin with the term "neurodiversity". Can you tell me what you understand that term to mean?
2. How does neurodiversity intersect with/affect you personally in your life?
3. Has there been a formal diagnosis? If yes, when and through what organization? If not, what suggested the presence of neurodivergence to you?
4. Have you accessed advice, information, or other resources specific to neurodiversity either in person or online? If yes, what/when/why/how did it go? If no, why? What stopped you?
5. The term "neurodiversity" covers a wide range of differences/behaviors/challenges. Do you feel like the nature of a spectrum makes locating or accessing the right help or resources difficult? Why or why not?
6. Can you tell me about the topics that are most important to you when seeking information?
7. Please rank the follow in the order of importance to you.
 - ____ Expert advice on my question(s), right away!
 - ____ Connecting with others in a similar situation, perhaps in my area.
 - ____ Access to news, articles, and other resources that I can search and review independently.
 - ____ A "diagnosis checklist" for what to expect, understanding new terminology, recommended interventions, etc.
 - ____ Links to blogs, social media accounts, and other community features.

8. If you have ever accessed expert advice from a neurodiversity specialist, who was that and what did that look like?

9. How important is the expert's location to you? Or, to put it another way, do you find that the advice you need is specific to the area you live and its resources, or do you find that your questions can be answered by any knowledgeable professional regardless of their familiarity with your geographical area and its resources?

10. For any advice or resources you've sought, was the intervention/information paid for by medical insurance, privately, or was it free? Was cost a barrier?

11. If you could join support groups online to find others in your situation, would you? Why or why not? What about following blogs or social media accounts relating to neurodiversity? Would you like to share any you currently follow or have seen in the past?

12. When you've needed advice on any topic, which of the following mediums do you enjoy? Why? Which do not like to use?

- ☐ Reading articles/books
- ☐ Watching videos
- ☐ Listening to podcasts
- ☐ Speaking directly with another person (phone, video call, in person exchange, etc.)
- ☐ Sharing a question online for others to respond to
- ☐ Something else

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13. What information related to neurodiversity has been the most difficult for you to find/access? Where can resources "do better" to be helpful to you?

14. What features would be most important for you in an app that offered expert advice related to Neurodiversity? What topics must be covered for it to be useful/helpful to you?

15. If you are a person who considers themselves neurodiverse, which of the following are topics that you would like more information or resources around? (Choose all that apply)

- ☐ Relationship Advice
- ☐ Job-seeking, interviewing, etc.
- ☐ Support for education/higher education
- ☐ Help dealing with anxiety, depression, or other mental health challenges
- ☐ Community support and opportunities to connect with others (either online or in person)
- ☐ N/A
- ☐ Other

If other:

Thank you so much for your time! Finally, are there any other experiences you'd like to share??